

business

Matters



Don't Look Back In Anger

by Jon Becker

Many people still believe that redundancy equals failure in the minds of interviewers. Not true! Furthermore, in the period immediately following their redundancy, employees have a tendency to use up so much time and energy on looking back at what happened that it decreases their effectiveness in the job market.

Two things are vital when looking for a new role. . .optimism and energy. You must also say to yourself... 'I am going to make sure that this is a real opportunity for me to move forward in my career. I now have the chance to spend time on self discovery and re-focusing my career direction and needs. I will not treat this challenge lightly.'

Redundancy is far more common now than it has ever been and I don't doubt that there are many who have been poorly treated by their former employers. There must come a turning point, however, when the factors that led you to leaving your last position are put firmly behind you and all your efforts are channelled into finding a new and satisfying role.

Make sure that moment arrives sooner rather than later!



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